



September Progress Notes

President's Message

A Message from Your President

Greetings,

Welcome to the upcoming year of exciting AORN activities. I hope you've been enjoying your summer and have been able to relax and recharge. I am thrilled and honored to be representing you for the next year as your President and Regional Coordinator for AORN. As regional coordinator for AORN, I am part of the national membership committee representing Ohio, Delaware, Pennsylvania, and New Jersey. I have a great group of officers, both experienced and new, to help guide the organization for the next year.

This year we are going to be celebrating "**Diversity within PeriOperative Practice**." How well do we as an organization embrace and respect nurses working in all areas of periOperative nursing? Do we work as individuals and as an organization to embrace the various roles associated with the practice of periOperative nursing? We will explore diversity in patient populations, diversity in the workplace, and diversity in our collaboration with colleagues who may



Diversity within PeriOperative Practice

- Juanakee Pearson-Ceol

be similar or different from us. We are going to explore diversity within our practice and where perioperative nursing is being performed in areas outside the traditional operating room.

We have a full calendar with many great events this year, so please try to attend and bring a friend. In addition, we are going to be involved with a variety of different fundraisers this year. Keep your eye out for more information about these exciting fundraisers.

I also want to invite anyone who is interested to come to a Board of Directors meeting. We can always use new thoughts and ideas. Whether you come to a chapter meeting, serve as a chairman, or just pay your dues, I appreciate your involvement. I challenge you to find more ways and creative ways to get involved and to serve our profession this year. I'm looking forward to our professional journey together this year.

Sincerely,
Juanakee Pearson-Ceol, MS, RN

Central Ohio AORN

Volume 2007/08 Issue 1

September
Chapter 3603

- Special points of interest:

- ☺ Learn who represents you and your profession in Ohio.
- ☺ July Meeting Minutes are included.
- ☺ Minutes will be included each month.
- ☺ Find out what the snack and prizes are each month at the meetings!

Inside this issue:

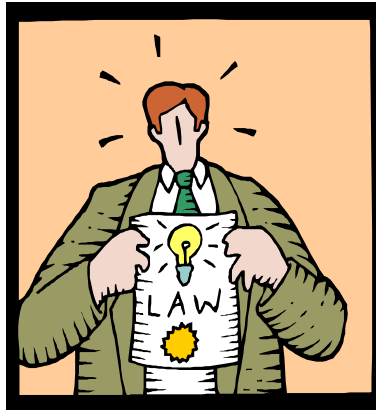
Kay's Korner	2
Meeting Minutes	2
Member's Spotlight	3
Monthly Event	3
Calendar	4
Upcoming Events	5
Fundraiser Invite	6

Do You Know Who Your State Representative or Senator Are?

Today's healthcare arena is being explored, judged, changed, and sometimes negatively impacted by governing bodies in the state legislation. Do you know who to contact if you feel your profession or patient care is being compromised by proposed legislation? As a perioperative nurse and a voting American, it's your duty to know who your state house of representatives member is along with your state senator. Legislation usually moves very slowly but sometimes a rare push for an issue will force its way through both chambers and become a law without many people even knowing about it. Read the newspapers, watch

TV, listen to the radio, and talk to your colleagues for legislative activities concerning healthcare today.

If you don't know who your state house of representative member is, then just go to <http://>



**Ohio Council of periOperative Registered Nurses
Saturday,
September 8, 2007, at
the Deer Creek Resort**

www.house.state.oh.us/jsp/Representatives.jsp to find out. For your state senator, visit <http://www.senate.state.oh.us/senators> to easily find out who

represents you. There are 99 House members and 33 Senators for the state of Ohio. Since Ohio has term limits, the composition of the House and Senate is forever in flux. Let your Representative and Senator know who you are and that you would like to help teach them about perioperative nursing and patient care issues.

Another way to stay in touch with what's going on in the Ohio legislation is to attend the Ohio Council of periOperative Registered Nurses and Valleylab's conference on Saturday, September 8, 2007, at the Deer Creek Resort and Conference Center in Mt. Sterling, Ohio. We will be meeting with the Ohio Legislators to develop relationships with them and educate them about

There are 99 House members and 33 Senators for the state of Ohio.

Meeting Minutes July 31, 2007 AORN of Central Ohio Board of Directors

Members present: J. Ceol, M. Burnett, B. Young, A. Svagerko, L. Carifa, K. Ball, K. DeCarlo, B. Burton, P. Dobie, P. Blue, A. Evans, H. Nihiser, J. LaFountain, C. Garbrant, D. Dierckman.

1. The meeting was called to order by President Juanakee Ceol.
2. Vice President/program chair Linda Carifa presented the slate of programs, vendors, and locations for the upcoming year. Some information is



Babies is the theme for the next meeting

3. Amy Evans presented the Ohio Council report. An educational offering will be held at Deer Creek Retreat on September 7th and 8th. A flyer will be mailed to every RN in Ohio. The purpose of this gathering is to educate Ohio legislators about the role of the perioperative nurse. The Ohio Council's December meeting will be held on December 9th. The conference is being planned for Tuesday and will be

- open to all attendees from Ohio. There is no charge but a reservation is necessary.
4. Michael presented deadlines for the newsletter so that the membership will receive it in a timely manner. All information must be submitted to Erick no later than the Friday after each meeting. These must be Word documents. Heather will send reminder emails to the membership before each meeting or event.
5. Keke presented the AORN slate of candidates running for national offices. Our chapter is allotted eight delegates and eight alternates to Congress. Voting for the candidates will be Wednesday, April

Membership Spotlight

New Feature !

New Feature for the New Year for AORN Central Ohio. We will feature a different member each issue. Look for a different profile each month and learn something new about a fellow member. See who went first.....

Heather Nihiser RN, BSN, Territory Manager Biogel & Hibiclens, Member of AORN Central Ohio

Childhood ambition: When my family and I would take a trip to the “big city of Columbus”, I would always tell my parents...” When I grow up, I want to wear a suit, high heels, and carry a brief case”. And always thought it was so funny to see a woman in a suit with white bobby socks and tennis shoes. Granted I had no idea what their occupation was, I thought they looked pretty important!

Now that I’m all grown up, I’ve realized that the shoes really aren’t that comfortable, how much I love my t-shirt and scrub pants, that my bag is **way** too heavy and those women with the bobby-socks and tennis shoes were pretty darn smart!!

Fondest memory: Riding the tractor and bull dozer with my

dad and grandpa and cooking with my mom and grandma.

Also, I went sky diving last fall and I’ll never forget that feeling of falling from the sky. It was amazing!

Retreat: A day at the spa! I would even take just 1 hour :)

Wildest Dream: Having a day with no worries!

Biggest challenge: Taking time for myself.

Alarm clock: Everyday of the

week. Snooze—Snooze--- Snooze

Perfect day: Time at the spa, a nice sunny day, a good meal, all with good company!

Indulgence: Reese Peanut Butter Eggs! I’ve already had two packs....of 12! And this is only March 27th.

Favorite movie: The Notebook. I cry every time, even when I know what to expect!

My life is: Is very blessed. I have a wonderful family, great friends, a job that I that I love!

Look here for someone new next month.



Learn something new about a fellow member.

Meeting Minutes July 31, 2007 Continued

2nd from 10am to 1pm.

6. As the Awards Chairperson, Jeannie LaFountain presented the Individual and Chapter Awards packets. January 18, 2008 is the deadline to submit the chapter packet, and November 15, 2007 is the deadline for the individual awards. Our chapter is committed to submitting someone for each of the awards. The venue for presentation of awards has changed. The party on Saturday evening will be casual and is called “Sweet Success”. A DVD will be developed for the chapter excellence awards, and the meeting is at

Jeannie’s house on Monday, August 13th at 6pm. All are welcome, and pictures are requested.

7. For the Membership committee, Kim requested a list of the hospital ambassadors.

8. The board has decided to continue to support CHOICES as our Social Committee project. Annette will try to get a “Wish List” to share with the membership.

9. Jeannie is requesting ideas for the Workshop.



Bring a baby picture of yourself to share at the next meeting

10. Bonnie reported that the Ways and Means committee is looking for fundraising ideas.

11. Keke concluded with a video from Leadership conference.

Respectfully submitted,
Annette Svagerko
Recording Secretary

- Annette Svagerko

AORN OF CENTRAL OHIO

Presents



Pain, Pain Go Away... Epidural Anesthesia



BY



Anita Schrader CRNA



Purpose:

Enhance the periOperative & OB nurses knowledge of the criteria, uses, and care of patients receiving anesthesia via an epidural catheter.

Objectives

1. Review the spinal cord
2. Describe types of pain
3. Discuss conditions to be met for an epidural anesthetic
4. Describe epidural positioning
5. Discuss epidural side effects
6. Discuss nursing measures with an epidural anesthetic

6:30 Refreshments

7:00 -7:10 Business Update

7:10 Presentation



Tuesday September 11, 2007



Siegel Center West
(adjacent to Mount Carmel East)
5975 E. Broad St.
Columbus, Oh.

Bring a baby photo of yourself to the meeting



Come to the first meeting of the '07-'08 year

Snacks &

Door Prizes

1.3 Contact hours for this continuing nursing education activity have been applied for through the Association of periOperative Registered Nurses, Inc., an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

September 2007

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11 <i>AORN Meeting 6:30 @ St.</i>	12	13 <i>International</i>	14 <i>STOP A Suicide Today Day</i>	15
16	17	18 <i>Take a Loved One to the Doctor</i>	19	20	21	22
23	24	25	26 <i>Women's Health &</i>	27	28	29
30						

IMPORTANT EVENTS

- ☺ 11th—AORN Meeting 6:30 pm @ St. Ann's for social and snacks, meeting following @ 7pm
- ☺ Food Safety Awareness Month
- ☺ Healthy Aging Month
- ☺ Leukemia & Lymphoma Awareness Month
- ☺ Sports & Home Eye Month
- ☺ Baby Safety Awareness Month
- ☺ Reye's Syndrome Awareness Month
- ☺ Prostate Cancer Awareness Month
- ☺ Ovarian Cancer Awareness Month
- ☺ Menopause Awareness Month
- ☺ Alcohol & Drug Addiction Recovery Month

Upcoming Events

October's topic will be Breast Lymphedema by Sharon Inzetta. Breast Cancer Month will be the focus and pink will be the color. Wear pink to show your support. October 9th is the date to put on your agenda. Mt. Carmel East is the location, the time is 6:30 pm.

November's focus is hip replacement with speakers Kay Ball, Kay Martin, and Kay... I mean Doctor Lombardi. The meeting will be held at the NASH hospital. Our theme will be hippies, so get out your bell bottoms and daisy chains for the meeting.

Amy Evans has requested I remind everyone about the Ohio Council retreat coming up.

Deer Creek State Park is the site for the Sept. 8 Ohio Council Workshop/Educational Offering.

The Council has their quarterly meeting in the early morning, followed with an opportunity to meet our Ohio legislators interested in health care legislation. We are eager to help them understand the importance of the Perioperative Registered Nurse in every Operating Room, around the state, as the circulator.

They will learn about the terms and definitions regarding the daily work of RNs in a surgical setting, from a free-standing Outpatient facility to a major teaching hospital in the large cities.

The afternoon time frame

belongs to Valleylab, our vendor-sponsor. "Zap-Facts" is their opportunity to update nurses on electrosurgical safety and the latest products for ESU use. Contact hours are through AORN and all fliers were mailed from Denver, to every AORN member in Ohio.

- Erick2cmh@aol.com for newsletter submissions or comments.



Central Ohio AORN

Central Ohio Aorn
c/o Heather Nihiser
4569 Rexwood Drive
Columbus, OH 43230

Email: www.centralohioaorn.com

Caregivers Coming Together



Fun Fund-Raising Opportunity for AORN!

Date: Friday, October 12, 2007

Location: 2007 Parklawn Drive
Lewis Center, Ohio 43035

Time: 7:00 pm

RSVP: Juanakee (Keke) Ceol @ 740-548-2141
or email jceol@insight.rr.com



P.S. Prepare to have Fun and bring friends!!!!

For your convenience, if you are not able to attend the show, you may still place an order. Just log on to www.pamperedchef.biz/kimwackerman. Make sure you go under the website, first click "order product" follow the steps then select Juanakee (Keke) Ceol and/or AORN in order to receive credit. For further questions please contact Kim Wackerman 740-657-3833 or Kjkteam@aol.com.