

September Newsletter

Central Ohio AORN President's Message

Dear AORN Nursing Colleagues,

"I'll see you in September." That was what we said to each other after the meeting and installation of officers last May. Yet the Board of Directors and Committee members of the AORN of Central Ohio did see each other during the summer months. We have been very busy planning the rest of the year with interesting educational topics and memorable meetings for the members. I thank all of these folks for the hard work and enthusiasm that were put into these plans.



President of
Central Ohio
AORN Chapter

Cecilia
Garrabrant
RN, CNOR

The educational offerings and the meeting places are very interesting, diverse with event-specific themes. Come join us in our first meeting to be held at the Arthur G. James Cancer Hospital & Solove Research Institute. We will showcase what we, the peri-operative nurses at the James, do special to take care of our ENT Free-Flap patients. Don't forget to wear your favorite, colorful, or silly neckwear. There is a prize for the chosen best.

To achieve my first goal of integrating the different nursing specialties, I

invited our oncology, pre-op, and post-anesthesia care unit nurses as well as the nurses of the ambulatory surgery centers of Ohio. Please bring a friend, or two, to the meeting so we can achieve the second goal I set for this year - Mentorship. Let us embrace a new nurse or associate to help ease and lead their way in nursing.

Lastly, I would like to thank AORN of Central Ohio for the opportunity to attend the Leadership Conference in Denver last July. I met with all of the other leaders of AORN Chapters from all over the country. It was an awakening and energizing jolt for me to start working hard to serve you well as your President. I am humbled by the challenges at hand but with the



Guidance from Above and your enthusiastic help and support, I believe this year will be a success.

Cecilia Garrabrant, RN, CNOR
President, AORN of Central Ohio

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Special points of interest:

- *Newly Elected President's First Letter to the Central Ohio Chapter Members*
- *September's Special Event will be at the OSU James Hospital*
- *Help make All of OHIO Smoke-Free! See Kay's Corner for more details.*
- *Cut out the Calendar to Keep Informed about Everything going on at AORN*
- *Brand New Newsletter Format—See Pg 3.*

Campaigning for your favorite legislator!



It's that time again. The November elections are right around the corner and your favorite legislator needs your help with his or her campaign.

You can help distribute pamphlets from door to door. You can put information in envelopes to be mailed. You can make telephone calls. You can march in parades or help with special events – like the one in the picture to the left when Representative Jon Peterson (Delaware County) dressed like Uncle Sam and handed out flags and balloons to the kids at the city of Delaware's "First Fridays" event.

Whatever you decide to do, you will find out very quickly that you've had a lot of fun, met a lot of people, and formed a very strong and lasting relationship with your legislator.

Another very important thing you can do is to attend the "Candidates Night" sponsored by the

MidOhio District Nurses Association (part of the Ohio Nurses Association) on Tuesday, September 26, 2006, from 6PM to 9PM at the University Plaza Hotel, Olentangy River Rd. During this event candidates from Central Ohio will be present.

From 6-7PM we have a cocktail reception when you can informally talk to the candidates and then from 7-9PM, we have a formal panel discussion asking these folks specific questions about their ideas and how they would handle healthcare issues.

See you there!!!
- Kay B.



Kay Ball and Uncle Sam are close pals! Kay has spent a lot of time lobbying and networking with the legislative arm of Ohio's government. She is a featured speaker at many events (see page 6 & 7) and will be talking to us about Ohio's Important Legislative Decisions in October.

IMPORTANT NOTICE! Read this about the NEWSLETTER CHANGES !

We are going eco-friendly and cost efficient with the monthly newsletter. Beginning January, we will only be mailing out a paper copy of the newsletter to those members that contact Annette to continue snail mail. Everyone else needs to make sure their email address and National AORN data is current. **Thank you for helping. Mother Earth Thanks you too!**

Sponsor Thank You

We want to take some space and time to bring attention to the Sponsor who "Put their Neck On the Line" and will be providing refreshments for us at the September meeting. So, **Thank You** to the James Peri-operative Clinical Instructor, Sue Burke, RN,BSN,CNOR and Cecilia Garrabrant. They have been gracious by providing for us and helping make our first meeting with a new Chapter President, Neck-tacular" Gratis!

Readers! We need your help! The newsletter is created and printed with mostly volunteer effort. We are always in need of paper. Donating paper would be a great way to help your local chapter. Bring donated reams to any meeting or event. Thank you!

ONA Invites you to a Conference on the Future of Nursing:

NURSING 2015: Race to the Future

Date: September 26, 2006

Location: Northwest Conference Center, 7510 Montgomery Dr., Plain City, Ohio 43064

Time: 10:00 a.m. - 3:30 p.m.

***3:30 p.m. Optional Tour-Dublin Methodist Hospital's mock patient rooms

Cost: \$35.00

REGISTER NOW through the Ohio Nurses Foundation, 4000 East Main Street, Columbus, OH 43213 or online at www.ohnurses.org
For More Info CONTACT: Jean Scholz, OHA (614) 221-7614, jeans@ohanet.org or Jan Lanier, ONA (614) 448-1028, janlanier@ohnurses.org.

The Makeover Continues

- New Committee Names

Renamed and Renewed Committee Names:

Event Planning Committee (Program)

Chairman: Michael Burnett
 Kay Ball
 Cecilia Garrabrant
 Judy Jarrett
 Marg Meeker
 Bonnie Young

Politically Correct Committee (Legislative)

Chairman: Kay Ball
 Joyce Cox
 Libby Worley

In the Know Committee (Education/Scholarship)

Martina Neutzling
 Beth Mohler
 Michael Burnett Chair TBD

Show Me the Money Committee (Ways & Means)

Chairman: Ann Kline
 Linda Carifa
 Pat Dobbie
 Bonnie Young

What's Up Nurse Committee (Newsletter/Web)

Chairman : Annette Svagerko
 MaryAnne Bentivegna
 Erick Cermelj

Helping Hand Committee (Community Service)

Linda Carifa
 Dave Corey Chair TBD

Workshop Warriors Committee (Workshop)

Linda Carifa
 Kimberly DeCarlo
 Bonnie Young Chair TBD

Rules & Regulations Committee (Policy & By-laws)

Chairman: Michael Burnett
 Pam Courter
 Amy White

Head Count Committee (Membership)

Co-chairmen: Kimberly DeCarlo & Amy Evans
 Becky Burton
 Susan Closson

Legacy committee (Historian)

Chairman: Bonnie Young

Through the Looking Glass Committee (Research)

- Volunteers are currently needed.
 See Pres. Cecilia G. to get more involved.



Erick Cermelj is now doing the Monthly Newsletter. He is always looking for news, events, and information to share. Feel free to email him with comments, contributions, and questions at Erick2CMH@aol.com anytime!

"Did you know: OfficeMax will give you a free ream of copy paper if you recycle an empty ink cart from any HP, DELL, Lexmark and all compatible printers? Maybe donate that paper to AORN."

Meet the Officers

Congratulations to our new officers for AORN of Central Ohio for the 2006-2007 term:

President: Cecilia Garrabrant
President Elect: Juanakee Ceol
Vice President: Michael Burnett
Treasurer: Ann Kline
Ohio Council: Amy Evans
Legislative Chair: Kay Ball
Nominating Chairs: Joyce Cox Mary Rogers
Recording Secretary: Annette Svagerko
Board of Directors: Kay Ball Paula Blue
 Michael Burnett Rebecca Burton
 Linda Carifa Juanakee Ceol
 Ann Kline Bonnie Young
 & Cecilia Garrabrant



Fall is upon us! That means AORN Congress is coming soon. Now is the time to start making arrangements. Don't miss out on any of the excitement, information, and innovation that will be on display in sunny Orlando, Florida 2007. See you March 11-15th!

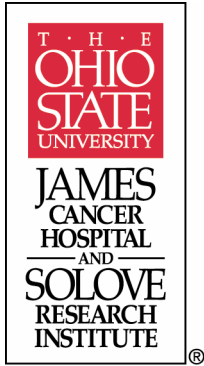
Minutes from the July Board Meeting

Central Ohio AORN
 July 11, 2006

- ❖ Members in Attendance: Cecilia Garrabrant, Juanakee Ceol, Kay Ball, Annette Svagerko, Bonnie Young, Linda Carifa, Michael Burnett, Ann Kline, Joyce Cox, Mary Rogers, and Amy Evans.
- ❖ The Officers for the '06-'07 year were confirmed. (See left)
- ❖ The Board of Directors for the '06-'07 year are named. (See left)
- ❖ Committee Names were changed. (See above)
- ❖ There are no Bylaw changes.
- ❖ Keke Ceol will manage the communication board, as a duty of the President-Elect.
- ❖ The deadline for the newsletter is August 15th. The first chapter meeting is September 12th.
- ❖ Fundraising ideas include selling scrub hats for the OR. Details to follow.
- ❖ Programs were planned for the year.
- ❖ Arrangements were made to cover the shifts at the ONA booth at the Ohio State Fair.

Respectfully submitted,
 Annette Ross Svagerko, Recording Secretary

This Month's Event— "Don't Put Your Neck on the Line"



Please Join Us

The Association of Peri-Operative Registered Nurses of Central Ohio and
The James Cancer Hospital and Solove Research Institute

In the presentation

"The Challenges and Care of the ENT Free Flap Surgical Patient"

featuring

Renee Shalvoy, RN, BSN

Jennifer Gall, RN, BSN

Robin Hawkins, RN, BSN

Amit Agrawal, MD

Tuesday, September 12, 2006

Conference Room 518

The James Cancer Hospital and Solove Research Institute

300 West 10th Avenue

Columbus, OH 43210

PROGRAM

6:30pm to 6:50pm - Refreshments

6:50pm to 7:00pm - Welcome by President Cecilia Garrabrant

7:00pm to 8:15pm - Lecture



**Wear your Favorite or
Silliest Neckwear, you
could win a Prize!**



The James Cancer Hospital and Solove Research Institute (OH#160) is an approved provider of continuing education by the Ohio Nurses' Association, an accredited approver by the American Nurses' Credentialing Centers Commission on Accreditation. OBN-001-91 Provider status valid through 2-01-07.

September 2006

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4 <i>Labor Day</i>	5	6	7	8 <i>RNFA/ Clinical Conference 8 -</i>	9 <i>Complete self exam for lumps and</i>
10 <i>World Suicide Pre-vention Day</i>	11	12 6:30 <i>Don't Put your Neck on the</i>	13	14	15 <i>Informat-ics Conference 15th -16th</i>	16
17	18	19 <i>Take a Loved one for a Check-up Day</i>	20	21	22	23 <i>Eat more produce! Shop local Farmers</i>
24 <i>World Heart Day</i>	25	26	27	28 <i>Smile To-day! Frowning</i>	29	30

Upcoming Events

Some exciting and innovative themes are going to be part of the changes this year. The idea is to carry forward the Extreme Makeover ideas into the future. We want everyone to get excited about upcoming events so you want to invite and encourage others to join.

Some things to look forward to in the months ahead at AORN events are:

October 10th's theme will be "**Think Pink/ Puff Free**", where we will focus on Breast Cancer Treatments and making Ohio Smoke-free, and the legislation surrounding that. We are encouraging everyone to wear something pink to show your support. So get into your closets and start searching for the pink. Remember there is always a prize for the best or silliest outfit.

November 14th's theme will be "**Is the Glory worth the Pain?**" and your favorite team's attire/colors will be the



Ties, Scarves, bow-ties, sashes, and even bolos are all considered Neckwear. Can anyone tie a noose?

dress of the evening. OSU vs. Michigan?

Finally *December 12th* brings us the **Holiday Spirit and Celebration Dinner** at Cardinal Health. Wear your Sunday best or business attire and show off your duds!

Entertainment will be provided by Cardinal Health. Dinner will be served, with a dessert buffet to follow. Make sure to bring your wallets and be prepared for the Annual Silent Auction to help raise money for the New Year in 2007.

See you *2nd Tuesday* of every month!

Schedule of Events

- **8th– 10th** – RNFA/ Clinical conference in Las Vegas, NV.
- **12th**– Necks on the Line 6:30 OSU James Hospital Conf. Room 518
- **15th –16th** –Informatics Conference in Denver ,CO.
- Healthy Aging Month
- Leukemia & Lymphoma Awareness Month.
- Ovarian & Prostate Cancer Awareness Month
- Fruit & Vegetable Month
- National Pain Awareness Month

Special Invitation

APIC Association for Professionals in Infection Control and Epidemiology

Central Ohio Chapter, Invites you to a Seminar:

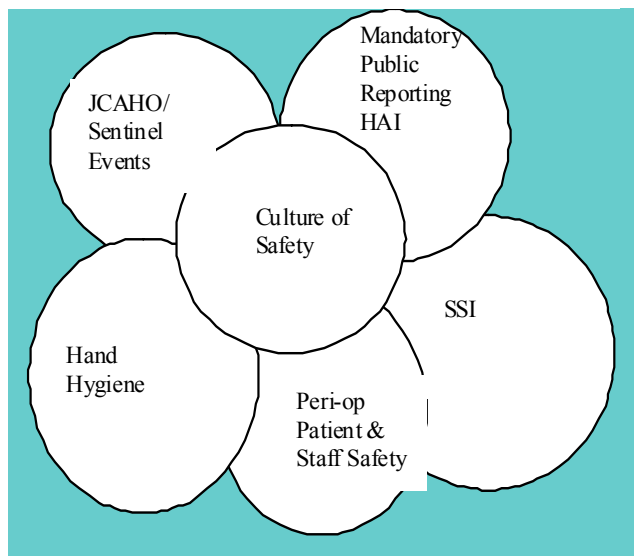
Promoting a Culture of Safety

Infection Prevention and Control Issues in Healthcare Settings

Hand Hygiene, Surgical Site Infections, Sharps
Injury Prevention, Mandatory Reporting of
Healthcare Associated Infections

Keynote Speaker:

Elaine Larson, RN, PhD, FAAN, CIC



**Thursday, October 19 &
Friday, October 20,
2006**

**Hilton Columbus
Easton Town Center
Columbus, Ohio**

Speakers

Kay Ball, RN, BSN, MSA, CNOR, FAAN
Consultant/Educator

Dale Brown, RN, MSN
Healthcare Consultant

**Mark Davis, MD, FACOG, Obstetrician/
Gynecologist. Author: *Advanced Precautions
for today's OR: The Operating Room
Professional's Handbook for the Prevention of
Sharps Injuries and Bloodborne Exposures.***

**Denise Graham, Senior Director of Public
Policy, Association for Professionals in Infection
Control and Epidemiology Washington, DC.**

**Elaine Larson, RN, PhD, FAAN, CIC. Professor,
Columbia University
Editor: *American Journal of Infection Control.***

Donna Moore, RN, MBA, CPHQ
Ohio KePRO, Inc.

Mary Nicholson, RN, BSN, CIC
Laura Huesman, RN, BSN
Christ Hospital Cincinnati, Ohio

**James T. Raussen, Ohio House of
Representatives. Primary sponsor of Ohio
House Bill 197.**

Karen Smith, RN, JD
Barton and Malow

David Taylor, PhD
The Ohio State University

*Featuring Central Ohio AORN
member Kay Ball.*

Schedule

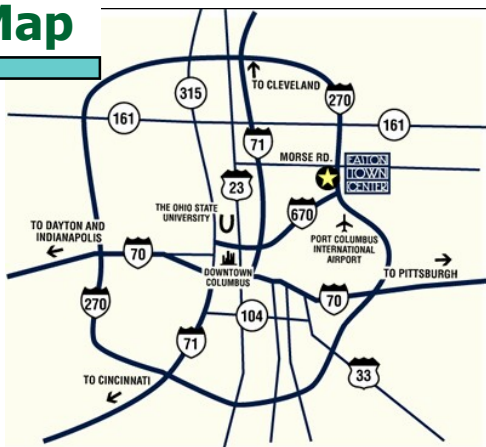
Thursday, October 19

- 7:00 – 8:15 Registration & Continental Breakfast
- 8:15 – 8:30 CO-APIC President Welcome
- 8:30 – 9:30 Keynote Speaker – WHO Hand Hygiene Initiative
- 9:30 – 10:30 Surgical Care Improvement Project
- 10:30 – 11:00 Break & Vendor Fair
- 11:00 – 12:00 JCAHO Standards Relative to Infection Prevention
- 12:00 – 1:30 Lunch & Vendor Fair
- 1:30 – 2:30 Preventing Deep Sternal Infections in Cardiac Surgery Patients
- 2:30 – 3:30 Management of Multi-Drug Resistant Organisms

Friday, October 20

- 7:00 – 8:00 Continental Breakfast
- 8:00 – 9:00 Challenges of Sterilization
- 9:00 – 10:00 Strategies for Assuring Perioperative Safety
- 10:00 – 10:30 Break
- 10:30 – 11:30 Sentinel Events - Risk Management
- 11:30 – 1:00 Lunch
- 1:00 – 2:30 Overview of Mandatory Reporting of Healthcare-Associated Infections
- 2:30 – 3:30 Panel Discussion on Mandatory Reporting of Healthcare-Associated Infections

Map



Registration

Fees:

- \$275 IF REGISTERED BEFORE SEPTEMBER 19, 2006.
- \$325 FOR AFTER SEPTEMBER 19, 2006.
- DEADLINE FOR REGISTRATION: OCTOBER 9, 2006.

Seminar fee includes continental breakfast, lunch and educational materials.

Make checks payable to:

APIC Central Ohio Chapter #53

No confirmation of registration will be sent. Please retain a copy as your record.

Send fee and registration form to:

Carol Myers RN, BSN, CIC
2983 Woodgrove Drive
Grove City, Ohio 43123-3524

Name _____

Address _____

Employer: _____

Job title: _____

Daytime Telephone: _____

Refund policy: Registration fee will be refunded, less \$10.00 administrative charge, if request is received in writing by October 9.

Contact Person:

Carol Myers, RN, BSN, CIC

University Hospital East

(614)-257-2037

E-mail: Myers13@medctr.osu.edu

*Print this page (7), cut out form, include with payment in SASE.

**Sponsored by the Central Ohio Chapter
of the Association for Professionals in
Infection Control and
Epidemiology**



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Westerville, OH 43081
www.centralohioaorn.com

Email:www.centralohioaorn.com

Caregivers Coming Together

**Find more info on the web
www.centralohioaorn.com**

Quilting for the Troops

In keeping with the theme of our September meeting, “Put Your Neck on the Line”, we will be sponsoring a project called “Central Ohio Hugs Project”. Quilters in the central Ohio area are getting together to make neck “hugs” for the troops in the Middle East.

Let me explain. These “hugs” consist of gel filled tubes covered with fabric. The tubes are soaked in water for thirty minutes before wear. This gel absorbs much of



Everyone Needs A Hug! You Can Help!

the cool water. The “hug” can keep the soldiers cool for several hours, simply by wearing this around their neck. I will have more details, along with samples of the hugs, at the September meeting.

Many people are donating their time and talents to make the “hugs”. What they really need is money to pay

for the shipping and handling to get these “hugs” to our troops. **Please consider bringing a monetary donation to the September meeting—no amount is too small—to help this group.** In this way we can truly send

“hugs” to our warriors in the field. Any amount will be appreciated by our sons and daughters living and fighting in harsh conditions.



The handmade wraps are similar to this and hold cool water for several hours against the body.

Another way you can help is to donate materials. If anyone is a quilter, sews, or has access to 100% cotton fabric (any color or style), please consider donating any of that to our worthy cause. You can bring any donations, cash or cotton, to the September meeting, and I will send it on to the “hugs” coordinator.

Thank you in advance,

Annette—your Helping Hands
Committee Chairperson.

- What a Super Way to Support Our Troops!