



# October Progress Notes

## President's Message

Dear AORN Colleagues,

We are off to a good start with a very encouraging rise in attendance during our initial meeting. It is refreshing to see members and friends I have not seen for a while. I would like to thank everyone who, in one way or another, who contributed to, and put his or her neck on the line at the September meeting.

I encourage all of you to come to our October 10th meeting at Mount Carmel St. Ann's Hospital. Dr. Patrick Ross, Jr. will discuss "The ILL EFFECTS of TOBACCO USE".

Our own Kay Ball will discuss the SMOKE FREE OHIO legislation proposals to be voted on this November. October is also "Breast Cancer Awareness Month". "THINK PINK" is our dress code so wear your pink ribbon or clothing in support. Door prizes will be given out, so we encourage you to bring a friend or two.

CNOR and RNFA scholarships were available through Central Ohio AORN for any member who will get certified or recertifies this year. Just visit our web site at [www.centralohioaorn.com](http://www.centralohioaorn.com) for qualification rules and an



*New Faces bring New Ideas.  
Refreshments and snacks are always  
provided at the meetings each month*

application form. These are located under the Policy & Bylaws menu link. The Willingness To Serve form is there, too!

It is not too late to join a committee or two, nor it is too early to put your name in the ballot for the next year. Let me know if you want to serve as a delegate to the 54th annual AORN Congress in Orlando on March 11 - 15, 2007. We are allotted a total of eight (8) delegates and a few alternates

As you can see, there are a lot of reasons and opportunities to come and join the fun at our monthly meetings. So BE THERE! Let us be proud of our association and what we have accomplished.

We can do many things when more and more hands join together. Please help me serve you better.

I am counting on your support.

Sincerely,  
Cecilia Garrabrant,  
RN, CNOR  
President, AORN of  
Central Ohio



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### Special points of interest:

- ♦ Wendy's Salad Bar returns for one night only! See pg. 2
- ♦ Kay calls for action. Help protect the right to breathe clean air. Pg 2
- ♦ How Important is One Vote? Answer on Pg 3
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- ♦ Get Others Involved! Print Pg 5 and share it.
- ♦ \$100 may be yours! Pg 3

# Kay's Corner—Legislative news

-Kay Ball, RN, MSA, CNOR, FAAN

## Smoking Legislation on November Ballot in Ohio

In November, smoking issues will be placed on the ballot for your thoughtful consideration. These issues are described below:

### SmokeFreeOhio

The Ohio Secretary of State has just announced that SmokeFreeOhio has been certified for the November ballot and will be **Issue 5!** SmokeFreeOhio needed 96,870 valid signatures, and was required to meet a certain threshold in 44 counties; SmokeFreeOhio had more than 114,517 valid signatures, and met the standard in 73 counties.



*Some Ohioans call our law a "smoking ban." This term is misleading because our law does not ban smoking. Smoke-FreeOhio just asks smokers to step outside for a few minutes to protect everyone's right to breathe clean indoor air.*

Issue 5 is a proposed law based on conclusive research regarding the harmful effects of exposure to second-hand smoke from tobacco (causing increased illness and disease, including lung cancer, heart disease, and respiratory illnesses). Because of these effects, smoking in the workplace and in public areas has become a statewide concern, therefore, it is in the best interests of the public to limit smoking in public places and work

## Sponsor Thank You

A BIG Thank You to **Sue Burke**, RN, BSN CNOR, Peri-Operative Educational Coordinator of the James Cancer Hospital & Solove Research Institute for the food and refreshments. She not only sponsored the food, she also prepared the meeting room and the things needed for the educational offering. You should have seen the Salad Bar and snacks that were prepared for the meeting attendees. It was like a Super Wendy's Salad Bar from back in the day had returned!

KUDOS SUE B! -EC



places.

### Smoke Less Ohio

At the time of this printing, Smoke Less Ohio has not yet qualified to place their smoking issue on the Ohio ballot, as they need to make up a 49,000-signature shortfall. They are also being challenged for fraud by 8 different county boards of elections, including Clark, Champaign and Cuyahoga.

If the proper number of valid signatures is acquired, then the Smoke Less Ohio issue will be on the Ohio ballot. This issue would be a proposed amendment to the Ohio constitution, Article XV, Section 12. It states that there should be no smoking in all public places, *excluding restaurants, bars, and bowling alleys.* If passed, this amendment would supersede or render invalid any ordinance or local legislation involving the prohibition of smoking tobacco products.

Also this amendment would prevent such laws or ordinances from taking effect in the future. For example, the village of Powell, Ohio, would be forced to allow smoking in

**Did you know that R.J. Reynolds Tobacco Co. is the sponsor behind the Smoke Less group?**

**Vote YES ISSUE 5**  
**SmokeFreeOhio**

Protecting every Ohioan's right to breathe clean air



We also want to take a little space to thank the sponsor for the October event as well. **Day Pharmaceuticals** has been kind enough to provide for us at the upcoming event at Mount Carmel St. Ann's Hospital.

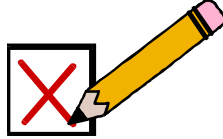
Thanks to their generosity we will be have snacks for the meeting. Thank You Day Pharmaceuticals!

*Much time and effort is put out by these folks to make our meetings successful. Volunteers are always welcome to help set up and clean up our events.*

## Kimberly DeCarlo on De Vote

-November 7th is Election Day

**A few words from Kimberly DeCarlo, (Membership & Ohio Council):** I would like to remind EVERYONE that they are a member of the membership committee even if they are not 'officially' listed as such. It is important for all of us to remind colleagues about meeting, even if they are not a member of AORN. Guests are welcome anytime to come to the meetings. Who knows maybe they'll get inspired to join and become active.



Also, this year if you see someone with a STAR on their name tag it means that they are attending an AORN meeting for the first time and we should greet them and make them feel welcome.

Election time is fast approaching- just watch TV for 15 minutes and you'll probably see at least 2 commercials of somebody running for something.

1) Get to know the candidates and the issues so you can make an informed choice. 2) Get out there and VOTE!!!!

Thanks, Kimberly DeCarlo

### How Important is One Vote? (taken from JacksonCounty.com)

The enormous power of just one single vote has often been demonstrated throughout history. The course of nations has been changed because one important vote was cast or not cast. You may think that your vote, cast among millions in a state or federal election, cannot possibly count but it does. Your one vote may swing your entire precinct into your candidate's column. It is at the precinct level that elections are won or lost.

Your vote is your direct voice in your country's affairs. Every time you do not exercise your right to go to the polls, you strengthen the voice of the opposition. So make sure to use the power of the ballot. Let's all get out and vote for the candidates of our choice on this and every vital Election Day.

Does One Vote count?

You bet your FREEDOM on it -EC

## Meeting Minutes

### Official Minutes from Annette Svagerko:

The policy and by-laws will be updated to reflect the changes in the Board of Directors. Also, if you are interested in the Central Ohio AORN Scholarship Fund, Be sure and fill out an application for approval. Several scholarships are available to any member who completed certification in the previous year. Also, we collected \$100 to donate to the Central Ohio "Hugs" Campaign. Attendance was exciting as well. Lots of new faces.

### \$100 Scholarship!

If you renewed or achieved the certification for CNOR or RNFA in the previous year you may submit an application for a \$100 scholarship. Please see Cecilia for an application.

## Editor Erick's Area

Hi there readers! Erick Cermelj here taking a few lines to say "Thank You" to everyone who has commented, emailed, or approached me personally to voice your opinion on the update to the "Progress Notes". I'm glad you like the changes. I really appreciate your feedback, and the opportunity to use this as a resume builder. I also appreciate all the kindness and congeniality each of you show me at the meetings being a non-nurse, non-member. I thank you all and want to help your group grow and build into the premiere AORN Chapter! Glad you like the changes! Also email me info or items for future issues anytime.



Thank you all for taking the time to read and respond to the newsletter.  
Erick2cmh@aol.com

- report on last month's event

**Erick's View** Wow. Let me tell you how impressive last month's "Don't put your neck on the line" experience was. Not only did I learn some stuff, I was amazed at the things Dr. Amit Agrawal and his amazing team of nurses and staff accomplish. I would have never guessed in my wildest dreams that they could remove a portion of the tissue and muscle from your leg along with the bone and turn that into a human jaw. Some of the before and after photos were quite amazing. How rewarding it must be to give people quality of life back. I applaud their work and the team effort they are all committed to. Also OSU has a nice facility, we thank them for the use of their room and equipment. 1.2 CE's were earned. How many do you have? -EC

- Erick2cmh@aol.com

I recently graduated with my BS in Digital Communication (Web Design and Marketing) from Franklin University. I am looking for a job. You see my work, so I would like to ask each of you who may know of any job opportunity in the Marketing/Graphic/Web field in Central Ohio to email me please (above).

### Corrections from last month.

Annette Svagerko is the Chair-person and a member of the Helping Hand Committee. Also add Kimberly DeCarlo to the Ohio Council members. Sorry!

# October 2006

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 <i>National Child Health Day</i>	3	4	5 <i>National Depression Screening Day</i>	6	7
8 <i>8-14th Fire Prevention Week</i>	9 <i>Get your best Pink shirt, top or ribbon to</i>	10 6:30 PM <i>AORN Tobacco talk @ St. Ann's</i>	11	12 <i>AORN Financial Conference 12,13</i>	13	14
15 <i>AORN Laser Concepts/AsSC Certifica-</i>	16	17	18	19	20 <i>National Mammography</i>	21
22 <i>22-28th Respiratory Care Week</i>	23	24	25 <i>Lung Health Day</i>	26 <i>AORN Leadership Conference</i>	27	28
29	30	31 <i>Halloween Beggar's Night</i>				

## Upcoming Events

Some exciting and innovative themes are going to be part of the changes this year. The idea is to carry forward the Extreme Makeover ideas into the future. We want everyone to get excited about upcoming events so you want to invite and encourage others to join.

Some things to look forward to in the months ahead at AORN events are:

**October is Breast Cancer Awareness Month.** Use this reminder to schedule an appointment for a Mammogram. Male members can take this time and schedule a Prostate exam instead. Early Detection is key with both of these types of cancer. Make a habit of checking often. THINK PINK and cut this one out or wear a reminder Oct. 10th.

November 14th's theme will be



“Is the Glory worth the Pain?” and your favorite team’s attire/colors will be the dress of the evening. OSU? Michigan? Browns?

Finally December 12th brings us the **Holiday Spirit and Celebration Dinner** at Cardinal Health. Wear your Sunday best or business attire and show off your flashy side!

Entertainment will be provided by Cardinal Health. Dinner will be served, with a dessert buffet to follow. Make sure to bring your wallets and be prepared for the Annual Silent Auction to help raise money for the New Year. January will be “New Look of the New Year” and we will be wearing our best Red colors, or glasses, silly or serious. Invite others to this one!

See you 2nd Tuesday of every

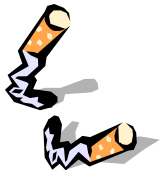
### Schedule of Events

- ♦ **1-7th**– Hearing Awareness Week
- ♦ **10th**– 6:30 pm Central Ohio AORN Chapter Meeting at St. Ann’s on Tobacco’s Ill Effects
- ♦ **11th**– SAVE Today (Stop America’s Violence Everywhere)
- ♦ **16th**– World Food Day
- ♦ National Breast Cancer Awareness Month—Have you had a Check-up?
- ♦ Healthy Lung Month
- ♦ Eye Injury Prevention Month
- ♦ Children’s Health Month
- ♦ **Upcoming:** Nov 12-18 is AORN PeriOperative Nurse Week!

**THE ILL EFFECTS OF TOBACCO USE**

**SPEAKERS: Dr. Patrick Ross, Jr.**

**Objective: To Discuss the hazards of tobacco use**



**Kay Ball, RN, MSA, CNOR, FAAN**

**Objective: To Describe the proposed November legislation on smoking in public areas and workplaces.**

Tuesday, October 10<sup>th</sup>, 2006  
Meeting Room  
Mount Carmel St. Ann's Hospital  
500 South Cleveland Avenue  
Westerville, Ohio 43081

**Earn CE's each month for attending. Get snacks and maybe a prize too!**

**PROGRAM**

6:30pm - 6:50pm Refreshments

6:50pm - 7:00pm Welcome by President Cecilia Garrabrant

7:00pm - 8:15pm Educational Offering

8:15pm - 8:20pm Parting Messages and Door Prizes

**ThinkPink!** Don't forget to wear a ribbon or something pink to the



*Tear out this page OR print it out and bring it to work. Share our AORN events with others by hanging this at your workplace. Encourage others to join us.*

**Vote YES ISSUE 5**  
**SmokeFreeOhio**  
Protecting every Ohioan's right to breathe clean air

1.5 Contact hours for this continuing nursing education activity have been applied for through the Association of periOperative Registered Nurses, Inc., an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Activities that are approved by AORN are recognized as continuing education for registered nurses. This recognition does not imply that AORN or the ANCC Commission on Accreditation approves or endorses any product included in the presentation.

**Central Ohio AORN  
Chapter 3603**

Central Ohio Aorn  
c/o Annette Svagerko  
62 Millfield Ave.  
Westerville, OH 43081

Email: [www.centralohioaorn.com](http://www.centralohioaorn.com)



**Caregivers Coming  
Together**



**SmokeFreeOhio Campaign**

**- for more information [www.smokefreeohio.org](http://www.smokefreeohio.org)**

**Vote YES ISSUE 5**

***SmokeFreeOhio***

Protecting every Ohioan's  
right to breathe clean air



*Cut out this Sign and Tape it inside your vehicle to let everyone know you support Issue 5. See SmokeFreeOhio website for more signs, information, and ways to get involved. Donations are also needed to pass this Important Issue.*